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# Diagnostic Study Order Form

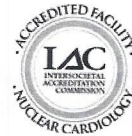
Cardiology Associates, PC

645 Barclay Circle ■ Rochester Hills, MI 48307

Phone (248) 844-1010 ■ Fax (248) 844-9089

72 S. Washington ■ Oxford, MI 48371

Phone (248) 236-8320 ■ Fax (248) 236-8219



Today's Date \_\_\_\_\_

Patient's Name \_\_\_\_\_ DOB \_\_\_\_\_

Referring Physician \_\_\_\_\_ CC \_\_\_\_\_

Diagnosis \_\_\_\_\_ Exam Date \_\_\_\_\_ Time \_\_\_\_\_

Fax # \_\_\_\_\_ Phone# \_\_\_\_\_

**PHYSICIAN'S SIGNATURE REQUIRED** \_\_\_\_\_

## IMPORTANT PATIENT INSTRUCTIONS

- YOU MUST **BRING THIS ORDER FORM WITH YOU AT THE TIME OF YOUR APPOINTMENT.**
- Please bring a list of all your medications.

### ECHO:

93306  2D Echo w/Color Flow & Doppler

w/Bubbles  w/Contrast

\*NOTE: Contrast requires specific indications for insurance coverage

93351  Exercise Stress Echo

### CAROTID:

93880  Carotid Duplex

### ARTERIAL:

93930  Upper Extremity

93925  Lower Extremity

93924  Stress Arterial

93923  Physiological

### VENOUS:

93970  Venous Upper Extremity

93970  Venous Lower Extremity

### ABDOMINAL ULTRASOUND:

93978  Abdominal Aortic Ultrasound

93976  Renal Artery Ultrasound

### STRESS TESTS:

93015  Treadmill Stress Test only

### NUCLEAR CARDIOLOGY:

78452  Nuclear Imaging Stress Test

J2785  Lexiscan

78472  MUGA Scan (ERNA)

### ARRHYTHMIA:

93000  EKG

93224  Holter Monitor

93268  Event Monitor

### FOR DIABETIC PATIENTS:

1. *If having an Abdominal Aortic Ultrasound, or Renal Ultrasound, please take insulin and eat at least 2 hours before test.*
2. *Remember: If you take your insulin you must eat!*  
**DO NOT FAST!**

# Advanced Cardiology Associates, PC

## PATIENT INSTRUCTIONS

**24 hour notice is required to cancel or reschedule your exam.** Two injections of the Radioactive tracers have been purchased for your exam and failure to give ample notice may result in billing you for these unused medications. Please call 248-844-1010 if necessary.

**Regular Stress Test:**

1. On the day of the exam absolutely avoid caffeinated drinks including caffeine free drinks, chocolates and smoking.
2. Wear comfortable shoes (no flip-flops, sandals or high heels) and clothing to walk on a treadmill. Please wear a loose, short sleeved, shirt.
3. Do not use bath oil, lotion, or powder on chest area.
4. Do not exercise prior to test.
5. You can eat a small meal before the test.

**Nuclear Imaging Stress Test:**

1. On the day of the exam absolutely avoid caffeinated drinks including caffeine free drinks, chocolates and smoking. You are allowed to eat before exam.
2. Wear comfortable shoes (no flip-flops, sandals or high heels) and clothing to walk on a treadmill. Please wear a loose, short sleeved, shirt.
3. Do not use bath oil, lotion, or powder on chest area.
4. Do not exercise prior to your test.
5. The exam is done in about a three-hour period. If you are pregnant or breastfeeding, please contact our office for further instructions prior to exam.

**Nuclear Imaging Pharmacological Stress Test:**

1. On the day of the exam absolutely avoid caffeinated drinks including caffeine free drinks, chocolates and smoking. You are allowed to eat before your exam.
2. Wear comfortable clothing. Please wear a loose, short sleeved shirt.
3. Do not use bath oil, lotion, or powder on chest area.
4. Do not exercise prior to your test.
5. The exam is done in about a three-hour period. If you are pregnant or breastfeeding, please contact our office for further instructions prior to exam.
6. For patients taking: **Aggrenox, Persantine, Uniphylor Theophylline**, please consult your prescribing physician about holding your medication 24 hours prior to exam as these medications can interfere with your stress test.

**Resting MUGA Scan:**

1. No special Preparation. The exam takes about 60 minutes.

**Stress Echo:**

1. Same instructions as regular stress test. Takes approximately 1 hour.

**Echocardiogram:**

1. No preparation required. Exam takes about 30 minutes.

**Carotid Ultrasound:**

1. No preparation required. Exam takes about 30 minutes.

**Abdominal Ultrasound of Aorta and/or Renals:**

1. Nothing by mouth for 12 hours before test including coffee and water.
2. If you are a Diabetic, you may eat a small meal 2 hours before test.
3. If you are on medication, please take your medication as usual with a small amount of water.

**Lower Extremity Ultrasounds:**

1. Your exam includes testing from groin to ankle. Please wear underwear.

**Holter Monitor:**

1. Please shower prior to appointment and do not use bath oil, lotion or powder on chest area. Monitor is on for 24 hours and you will be unable to shower. Hook-up takes 15 to 30 minutes. Must be returned the following day.

**Event Monitor:**

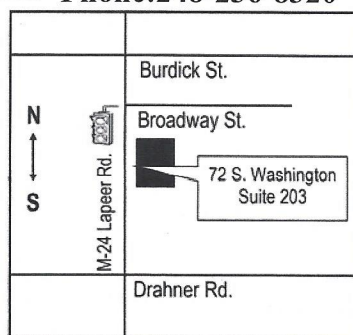
1. No preparation - hook-up takes about 20-30 minutes.

**SCHEDULE FOR EXAMS:**

- Monday - Thursday 8:00 am to 5:00 pm
- Friday 8:00 am to 4:00 pm

**Oxford**  
Phone:248-236-8320

Located in the  
**Crittenton Medical  
Building**  
(Please use rear  
entrance)



**Rochester**  
Phone:248-844-1010

